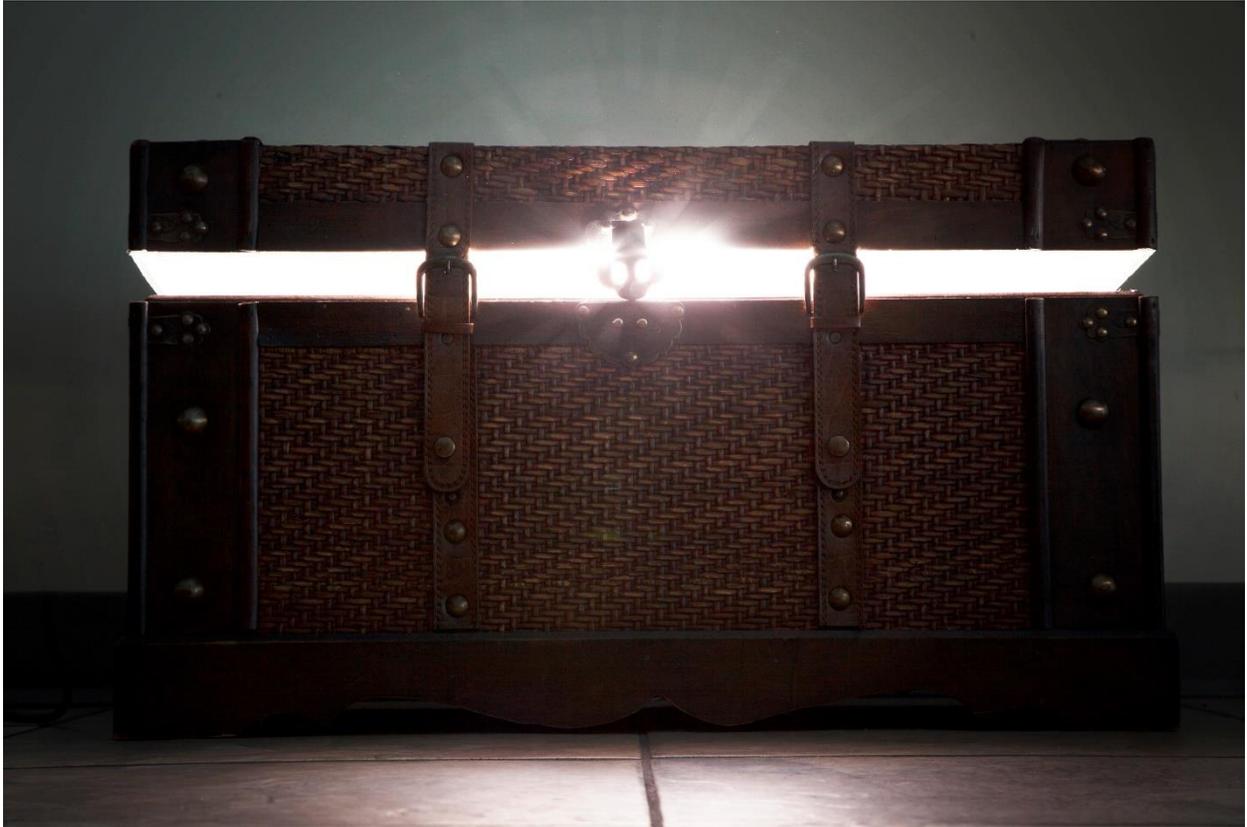


*"I will build My church; and the gates of Hades will not overpower it."*  
**MATTHEW 16:18b**



# Ephesians

**God's Riches at Christ's Expense**

*"Christ is the King of His church, and the church is the greatest queen in the world."*

RICHARD SIBBES

OUTLINE AND STUDY GUIDE FOR SMALL GROUP BIBLE STUDIES | **CASM**

© August 22, 2019 The Church at South Mountain

You are permitted and encouraged to reproduce and distribute this material in any format provided that you do not alter the wording in any way and do not charge a fee beyond the cost of reproduction. For web posting, a link to this document on our website is preferred.

Any exceptions to the above must be approved by The Church at South Mountain.

Please include the following statement on any distributed copy:

© The Church at South Mountain. Website: [casm.org](http://casm.org)

While all reasonable attempts have been taken to trace the literary and biblical sources used by the author, due to the nature of some of the original materials (old audio/radio or live preaching events), some have been impossible to locate. Any information regarding the origin of any unreferenced statements or quotations is welcomed and will be included in the next revision of the study.

"The focus for all the other doctrines in Ephesians is the church as God's new society, so in a sense, the book links these truths of Christianity to us, God's people. In other words, it is practical. We are told who we are, how we came to be as we are, what we shall be, and what we must do now in light of that destiny."

**JAMES MONTGOMERY BOICE**

# Contributors



Practical Theology  
**KEITH BRAZIER**

Keith has been attending CASM since 1999. He is originally from Nutley, New Jersey. Keith received his Master of Education Administration from Grand Canyon University, Master of Bilingual/Multicultural Education from Northern Arizona University, and Bachelor of Science in Zoology with an emphasis in Chemistry from Northern Arizona University. He currently works as the Assistant Principal for Student Success at Metro Tech High School. Keith is married to Grace.



Editing  
**JODY HART**

Jody has been attending CASM since 2000. She is originally from Tucson, Arizona. Jody received her Bachelor of Science in Mechanical Engineering from Arizona State University. She worked in the field of engineering for eight and a half years before becoming a stay-at-home mom. Jody and her husband, Peter, have two children: Kennedy and Kai.

# TABLE OF CONTENTS

## Overview of the Book

1. Introduction to the Epistle (1:1-3)
2. Blessings Involving the Father (1:4-6)
3. Blessings Involving the Son (1:7-12)
4. Blessings Involving the Holy Spirit (1:13-14)
5. Paul's Prayer for the Ephesians (1:15-20)
6. The Exaltation of Christ and His Church (1:20-23)
7. Our Condition Outside of Christ (2:1-3)
8. Salvation by Grace Through Faith (2:4-10)
9. How the Gentiles Became Fellow Heirs (2:11-22)
10. The Revelation of the Mystery (3:1-13)
11. Paul's Second Prayer for the Ephesians (3:14-21)
12. Walking Together in Unity (4:1-16)
13. Walking in Truth and Holiness (4:17-32)
14. Walking in Love, Light, and Wisdom (5:1-21)
15. Displaying God's Wisdom in Our Families (5:22-6:9)
16. Standing Strong in the Armor of God (6:10-24)

## Practical Theology

## Biblical Resources

# What Ephesians Teaches Us

CHAPTERS 1-3

CHAPTERS 4-6

The Root

The Fruit

Spiritual Wealth

Spiritual Walk

Christian Privilege

Christian Conduct

The Position of the Believer

The Practice of the Believer

Doctrine

Duty

Doctrinal

Practical

Revelation

Responsibility

Christian Blessings

Christian Behavior

Belief

Behavior

The Finished Work of Christ

The Faithful Walk of the Christian

The Work of Christ in Us

The Work of Christ Through Us

Who You Are in Christ

Whose You Are in Christ

Identity

Responsibility

Theology

Ethics

# Introduction to the Epistle



## READ IT:

---

<sup>1</sup> Paul, an apostle of Christ Jesus by the will of God,  
 To the saints who are at Ephesus and *who are* faithful in Christ Jesus: <sup>2</sup> Grace to you and  
 peace from God our Father and the Lord Jesus Christ. <sup>3</sup> Blessed *be* the God and Father  
 of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly  
*places* in Christ,  
**EPHESIANS 1:1-3**

**The main point:** The source, scope, and sphere of the believer's spiritual blessings are found union and communion with the triune God through faith in Jesus Christ.



## EXAMINE IT:

---

**Observation**—What do I see?

- Any repeated words? \_\_\_\_\_
- Who is the subject? \_\_\_\_\_
- Who is the object? \_\_\_\_\_
- What are the action verbs? \_\_\_\_\_
- What are the conjunctions? \_\_\_\_\_
- Any purpose clauses ("*so that*")? \_\_\_\_\_
- Any commands? \_\_\_\_\_



## OUTLINE IT:

---

**Structure/Bones**—What are the important markers?

A. The Author (*v.1a*)

<sup>1</sup> Paul, an apostle of Christ Jesus by the will of God,

1. The man—*"Paul,"*
2. The ministry—*"...an apostle of Christ Jesus by the will of God,"*

B. The Recipients (*v.1b*)

<sup>1</sup> To the saints who are at Ephesus and *who are* faithful in Christ Jesus:

1. The audience—*"The saints who are in Ephesus..."*
2. The evidence—*"...and who are faithful in Christ Jesus:"*
3. The greeting—*"Grace to you and peace from God our Father and the Lord Jesus Christ."*

C. The Theme: The Believer's Riches in Christ (*v.3*)

<sup>3</sup> Blessed *be* the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly *places* in Christ,

1. The source of our blessings—*"Blessed be the God and Father of our Lord Jesus Christ..."*
2. The scope of our blessings—*"...who has blessed us with every spiritual blessing..."*
3. The sphere of our blessings—*"...in the heavenly places in Christ,"*



## UNDERSTAND IT:

---

**Interpretation**—What does it mean?

*Key words and theological and practical uses*

What are the key words and why do they matter?

What is the key doctrine(s) and what other passages support it?

What are the uses of this doctrine in everyday life?



**APPLY IT:**

---

Choose which applications apply and how you will seek to practice it in your life today.

- What *instruction* does this text reinforce?
- What *error* does this text refute?
- What *duty* does this text require?
- What *prohibition* does this text forbid?
- What *examination* does this text call for?
- What *commitment* does this text declare?
- Is there an *example* to follow?
- Are there *commandments* to obey?
- Are there *errors* to avoid?
- Are there *sins* to forsake or confess?
- Are there *promises* to claim?
- Are there *principles* to implement?
- Are there *temptations* to resist?
- Are there *praises* to render?
- Are there *attitudes* to adjust?

**Write it here:** (bring it back with you next week to see if you applied it—I double-dog dare you!)

---

---

---

---

---